

MAI 2022

LUNDI	MARDI	MERC	JEUDI	VEND	SAM	DIM
2 18H15 > 19H ABDOS	3	4	5 19H > 20H YIN YOGA	6	7	8
9 18H15 > 19H ABDOS	10	11	12 19H > 20H YIN YOGA	13	14	15
16	17	18	19	20	21	22 10H > ABDOS 11H > YIN YOGA
23	24	25	26	27	28	29 10H > ABDOS 11H > YIN YOGA
30	31	1	2 19H > 20H YIN YOGA	3	4	5